

## **Human Rights and Democracy Education in Estonia**

Together with the Netherlands Helsinki Committee during 1995-1997 there was worked out an optional school subject for teaching Human Rights. Estonian authors - teachers and Tallinn Pedagogical University lecturers developed two textbooks: "Me and Human Rights" for grades 6-7 and "Me, the World and Human Rights" for grade 8.

The manuscripts of the textbooks were field-tested by 15 teachers in different Estonian schools, after what both of the textbooks were printed in 10000 copied and delivered to the schools.

The textbooks were also translated into Russian and printed in 10000 copies also for the Russian schools.

Creating a teachers guide supported the textbooks and two three-day seminars were arranged for the teachers interested in teaching Human Rights.